I recently read a book called "How Full is Your Bucket?" by Tom Rath and Donald O. Clifton, Ph.D. The book reveals, and I paraphrase, that even the briefest interactions affect your relationships, productivity, health and longevity. "Think about the people you meet," it goes on to say, "...did that person...your spouse, best friend, coworker, or even a stranger 'fill your bucket' by making you feel more positive? Or did that person 'dip from your bucket,' leaving you feel badly."

We know each moment only lasts a few seconds but can have an enormous impact on you and the people around you. Research indicates that persons who project positive behavior, have meaning and purpose (like Volunteer Administrators!), show these people to be happier, more productive and actually live longer!

The authors truly believe that after one year of "daily bucket filling," the following changes will occur:

- Your workplace will be more productive and fun
- You'll have more friends
- Your colleagues and customers will be more satisfied and engaged
- Your marriage will be stronger
- You'll enjoy closer relationships with your family and friends
- You'll be happier, healthier and well on your way to a longer life.

As we look forward to the days ahead, and the beautiful weather, let it be a time of awakening...a time of renewal and reflection.

And, as the authors emphasized, "... don't waste another moment...a bucket, somewhere, is waiting for you to fill it!" It's just as easy to fill it with sunshine, good deeds and warm thoughts towards one another.
REGION NEWS

Region 1

Lynn Hardy
Outreach Coordinator
Children's Mercy South
Overland Park, KS

See Lynn’s article re dissolution of KCADVS on Page 4. As Region 1 Member At Large, Lynn will now be gearing up for Region 1 activities!

Region 2

Laura Tague
Program Assistant/Volunteer Svcs.
St. Louis Children’s Hospital
St. Louis

Region 2 met February 16th. Part of our meeting was the celebration of Linda Billington, Louanne Kennedy, and Jean Rathgeb's retirement. We have added Emily Smith to Region 2. Emily stepped into Jean Rathgeb's shoes at Barnes-Jewish West County.

Our next meeting will be May 4th at St. Louis Children's Hospital. The topic of discussion will be "Meeting Volunteer Expectations".

We are looking forward to hosting the Spring Conference at the St. Louis Zoo on May 17th!

Region 3

Debbie Gibson
Volunteer Services Manager
Saint Francis Medical Center
Cape Girardeau

No report this time.

Region 4

Barbara Frogue
Director, Volunteer Services
Cox Health
Springfield

The quarterly meeting of Region 4 was held on March 16th at CoxHealth in Springfield. Present were Linda McIntosh, Freeman Health in Joplin; Marilyn Suddath, Mo. Rehab Center in Mt. Vernon, Janell Patton, Cox Monett; Shantelle Posten and Karen Simpson, St. John's in Lebanon; Carol Steward, Ozark Medical Center in West Plains; Stephanie Spradling and Barbara Frogue, CoxHealth.

We had speakers on three different subjects: Customer Service, Education and Media Relations as well as a round table discussion.

Lunch was served and we took a tour of CoxHealth. The group was shown the new fund raiser for the Auxiliary; the 24-Hour Flower Machine that had just been installed.

The next meeting will be July 12 at 10 a.m.

Region 5

Valerie Weber
Manager Senior/Volunteer Services
Capital Region Medical Center
Jefferson City

Region 5 will be having a meeting on Tuesday, May 8th 9:00 a.m. - 12:00 p.m. There will be a presentation on Road to Healthy Living - Alzheimer's Disease Wandering and Safe Return. Safe Return is a nationwide identification, support and enrollment program that provides assistance when a person with Alzheimer's or a related dementia wanders and becomes lost locally or far from home.

Additionally, a number of the Region 5 MADVS members will be joining up at the May 16th Auxiliaries District III meeting in Rolla.

I appreciate all of the hard work that everyone is giving to our volunteers and each other. It is a real team approach that keeps everyone smiling. "How beautiful a day can be when kindness touches it!" George Elliston, American writer.
MADVS NEWS!

Newsletter Schedule for Remainder of 2007
Please submit your newsletter articles for MADVS News by July 9 & October 1 to Beverly Taulbee at btaulbee@saint-lukes.org
Newsletters will be distributed via e-mail to MADVS members on July 13 & October 5. A copy will be posted on the madvs.org website also.

MADVS Spring Educational Conference
Do you feel caged in? Need to escape and explore new territory? If so, we’ll meet you in St. Louis and meet you at the zoo for a wild time of discovering new information about our profession at the MADVS Spring Conference on May 17th. Go to the www.madvs.org for more details. Let’s all wear animal prints and show up at the zoo!

MADVS Fall Educational Conference
What a great convention MHA has planned for us at Tan-Tar-A November 7-9, 2007! The theme is “Responsive Leadership: Sharing Vision, Sharing Values.” They have some fabulous speakers this year, and have hired “Lone Star” – a famous country band to entertain us on Wednesday night.

Your MADVS education committee has tied into this theme to bring you some fresh ideas, our own leaders sharing their visions, and opportunities to stretch your vision. We actually will start with the board meeting on Wednesday morning at 9:00, following by the opening of the MADVS conference at 10:30. This is earlier than last year, but we’re trying to following the recommendation of MHA and also to get you the most information for the time we have together.

Since MADVS has outgrown the meeting room at Tan-Tar-A, we will have a new, very large area in the North Winds Building. Tan-Tar-A will be reserving rooms for MADVS members in that building, which will allow you to run up to your rooms during breaks, be close when carrying “stuff” to the conference, and will really help those setting up the event for you.

Our Silent Auction will most likely still be in the main building at Tan-Tar-A and be open at all times. More people can participate, and hopefully MADVS will make even more money on the silent auction. If you have someone attending the conference with you that would like something to do while you’re in meetings, we could sure use them at the silent auction. Let Laura Tague know if you can help in this way.

I think this will be another great conference because when all of us get together, it’s nothing but GREAT! See you soon.

Kathy Hoff, CAVS
Manager, Volunteer Services
St. Mary’s Medical Center
Blue Springs

Save the Dates - August 23 – 28, 2007
ASDVS Annual Conference & Trade Show
Marriott River Center, San Antonio, TX
Go to www.asdvs.org for details.

ASDVS Members -- Watch the ASDVS web site for details of their Extraordinary Programs recognition. Applications will be available there and the deadline is June 14. Members are encouraged to submit their Extraordinary Programs to enhance the overall knowledge base and be recognized for their significant contributions to their healthcare communities!
News from the Treasurer

We have received a copy of the MHA Center for Education 2006 Independent Auditor's Report for the audit conducted by Stone Carlie & Company L.L.C. The MCE Board of Directors reviewed and accepted the report on April 20, 2007. The December 31, 2006, net assets for MADVS totaled $12,496. Revenues in 2006 totaled $9,586 with expenses of $10,334. MCE will cover the expense of the 2006 audit.

As of March 31, 2007, we now have a total fund balance of $18,442. This income is due to membership dues, interest, and sponsorships.

Membership Report

We currently have 66 paid members. Last year we had 76 members. Dues will be accepted anytime throughout the year. If you know of someone that you think would like to become a member, let me know and I will send them a registration form. If someone would like to attend the Spring Conference, their $50 registration fee may also serve as your membership fee, if you qualify as a member per the by-laws. What a deal! It’s kind of like buying one and getting one FREE! MADVS is fun and you meet a lot of great people.

In fact, it equates something like this:
- Membership fee: $50
- Gas cost: $10000000000000
- Shared info from other volunteer directors: PRICELESS!

KCADVS…An Excellent Run

Submitted by Lynn Graves Hardy, Past President, KCADVS

About 25 years ago, a group of Hospital Directors of Volunteer Services in Kansas City realized that they could grow in their careers by sharing information and practices in a professional organization emphasizing education and networking. They started meeting and the group grew to include as many as 40 members. This organization was named Kansas City Area Directors of Volunteer Services or KCADVS. At almost the same time, a national organization was being formed called American Society of Directors of Volunteer Services or ASDVS. This national organization brought together healthcare volunteer directors from across the U.S.A. who would benefit from networking, educational conferences and sharing of formation on many levels. KCADVS was unique in the respect that most “affiliated groups” were on a state level, not “city level”. KCADVS continued to flourish over the years providing members with 8-9 educational meetings per year, benchmarking opportunities, an annual conference that became a multi-state event, bi-annual retreats for members and lots ofessional support and social events. Hundreds of volunteer directors had memberships in KCADVS over the years andzens of lifelong friendships were formed. The organization produced two volunteer orientation videos; the second of which being sold currently. These have helped orient literally thousands of hospital volunteers across the country and in Canada.

In recent years, as technology has become a part of the daily lives of hospital volunteer directors, additional duties have crept to the job descriptions for many. This phenomenon slowly but surely has invaded the ability of directors to devote their ecious time to professional organizations. With membership declining and board members frequently finding them selves able to fulfill the year long commitment they made to the KCADVS board, the KCADVS membership decided in April 07 to dissolve the organization. The hope is that by eliminating the “city level” of professional organization, the “state vel”, Missouri Association of Directors of Volunteer Services (MADVS) will be made stronger and more viable. Energies at were being diluted by the existence of the two organizations will now be directed toward one, stronger state organization. CADVS is providing for any of their current members to enjoy one full year of free membership to MADVS. In addition, rrent KCADVS members will be reimbursed the cost of attending the joint conference scheduled for June 12, 2007 with CC (Volunteer Coordinators Council).

was not without a great deal of deliberation and actual sadness that the membership of KCADVS has come to the end of eir time together. It has been “an excellent run!” We are sure that those members who transfer their energies to MADVS id attend MADVS Region 1 meetings (virtually the same group of hospitals who composed KCADVS!) will find many wards in contributing to that wonderful organization as well. Look out, MADVS…he we come!