

MAHVRP

Midwest Association for Healthcare
Volunteer Resource Professionals

Midwest Association for Healthcare Volunteer
Resource Professionals
Established 1968

A Missouri Hospital Association Professional
Membership Group
An AHVRP Affiliated Group



Notes from our President Valerie Weber, Capital Regional Medical Center, Jefferson City, MO

It is my pleasure to serve as your President, and it will be my desire to serve you in a positive and hope-fully inspiring way. This year will be a challenging one for all of us. We are facing some of the toughest economic times and, as a result, we are being asked to do more with less. I have full faith in our organization! For starters, you have a fabulous Board who has committed themselves to having our MAHVRP, formerly MADVS, shine. Did you notice? One of the first items of the year voted on at our Board meeting in January was to become more inclusive and align our organization with the national organization AHVRP. The name change was submitted for vote and the membership over-

whelming agreed. MAHVRP - Midwest Association for Healthcare Volunteer Resources Professionals reflects the membership of those in Missouri, Kansas and Illinois. In the coming months, we will move to our new website www.mahvrp.org, but for now please use www.madvs.org. Our website's discussion board is one of the best features and is a great tool, especially now as we are all trying to figure out how we can get our jobs done in the most efficient manner. As we work together, we can achieve great things and, at the same time, cultivate friendships that brighten our lives.

To build and maintain a successful organization, we need many individuals. So do not wait; become an active participant. During these tough economic times, it is our responsibility to see more of the beauty and go forward toward our goals in life. The beauty is always there if we only look. MAHVRP members exemplify my theory of beauty.

So, we are many individuals working together toward a common goal and having fun while doing so. Congratulations to each of you, MAHVRP is truly number one!

Spring Conference is a GO! Yee Haw!

Saddle up and get ready to ride to Branson for the conference on Friday, May 1, 2009! Board meeting will be held Thursday, April 30 at 2:00 pm. The conference will be held at Chateau on the Lake, a luxury hotel built on a hill overlooking the beautiful Ozark landscape and Table Rock Lake. This would be a fantastic place to bring your spouse and stay for a pre-Mother's Day weekend; lots of shows, shopping and other activities! The hotel has

given us a very good price of \$129 for single or double occupancy. You will book the room on your own, but be sure to say you are with MADVS or MAHVRP. They ask that we not put 3 or 4 to a room. You can reserve the room for as many nights as you wish at this price. You can book at any time by calling 1-888-333-5253.

The conference will begin at 9 am with registration and a continental breakfast. You will be welcomed



by Branson
Mayor,
Raeanne

Presley. The Presley family originated the show business in Branson and their theater is still one of the most attended theaters in the area.

The theme of this year's conference is *Volunteer Round-Up: Recruitment, Retention and Fundraising*. I am working on (see page 2- Spring Conference)

Check out our website:
www.madvs.org

March, 2009 Issue

Please consider the environment before printing this newsletter.

Special points of interest:

- ☺ SAVE THE DATE: Spring Educational Conference, May 1 in Branson, MO. See article pages 1 and 2
- ☺ SAVE THE DATE: AHVRP National Conference: Phoenix AZ, August 27-30

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"Take a Minute" with our MAHVRP Secretary...Kathy Hoff

In the past several years, I've written lots of articles for our newsletter that represented what position and what involvement I've had on the Board. But now I'm secretary. What does a secretary write? The minutes? No, those are voted on at Board meetings.

Speaking of minutes, though, let's take a different approach. Are you living each minute of each day in a way that gives joy to others and to yourself? There's a famous quote that I love. "Life is not measured by the number of breaths we take, but the moments that

take our breath away." Even in tough economic times, there are moments that can take our breath away and make life worth living.

Last weekend, I got to see my niece take her first few steps! That was so exciting and promising. Two weeks ago, I visited my daughter in Houston, and as we held each other on a warm Satur-



Kathy Hoff, CAVS
Children's Mercy Hospital
Kansas City, MO

day afternoon, overlooking the ocean, I thought there was nothing better in this world. And a kiss from my 24 year old son in front of his co-workers let me know the world is as it should be.

These moments really don't cost a thing but are worth a million. Be open to your moments and live each minute of your life full of joy!

Spring Conference continued from page 1:

getting a hospital CEO to talk to us on what a CEO looks for in a volunteer director and what he expects from the Auxiliary and volunteers as well as where he thinks healthcare is headed and what changes we might need to prepare for. Kathy Hoff will address retention issues and offer ideas on how to improve retention. We will also have speakers addressing recruitment and fundraising. Other conference highlights include roundtable discussions, on-site sponsors, lunch, snacks, drinks and door prizes.

We are also planning a silent auction and 50/50 drawing to help pay for scholarships. Our silent auction is going to be "Round-Up Your Bags" which means find a purse or bag in your closet that is still

in good shape and fill it with goodies to be auctioned off! We will also take any *fabulous* white elephant you have or bring a new item! Please plan on contributing something to help the cause. And remember, the conference is free to current MAHVRP members and \$50 registration fee for non-members.

A conference letter with registration form will be mailed in March. We hope you can attend this day of networking and education. *We know you'll have a fun, cowboy kind of a day!*

Trail Boss of Education

Linda McIntosh

Freeman Health System, Joplin, MO



News from the Regions...Region 1 Kicks Off the Year with ZEST

The first Region 1 gathering has been scheduled.

The Day's Topic: Volunteer Appreciation with ZEST.

A sharing of ideas...Economical ways to recognize volunteers.

We have all heard about, and most of us at some time in our careers,

have been affected by program cuts. That's why it's a good thing that Volunteer Directors know how to be resourceful. We all have ideas on recognition and volunteer appreciation and we know how to do it with little or no money. Please come share your ideas and pick up new ones too!



Jeri Grimes, CAVS
MAHVRP Region 1
St. Joseph Medical Center, KC MO

**Tuesday, April 7
@ 4:30 - 6pm**

**At ZEST
(restaurant),
10681 Mission
Road, 913-381-
5678**

Region 2 Prepares for AHVRP National Conference in 2010

We are looking forward to an exciting year of preparation. We know Volunteer Directors like to have their fun, but we have a lot of planning to do for the 2010 AHVRP Annual Convention in St. Louis. Right now, we are keeping our meetings



Dee Coppeans, St. John's Mercy
Hospital, Washington, MO,
MAHVRP Region 2 Representative

to four times in 2009, but will expand as is appropriate. Let's all work together to make Missouri shine to the nation in 2010!

2009 MAHVRP DUES are DUE!

It's that time again!

**To receive all the benefits of
MAHVRP, your annual dues
MUST be paid by MARCH 31.**

CHANGE Is In the Air

...by Tina Pridgeon.

Many changes are already taking place in the 2009 legislative year. On January 12, 2009, Jeremiah Wilson "Jay" Nixon was sworn into the Governor's office with approximately 5000+ Missourians gathered in front of the South Steps of the State Capitol in Jefferson City, MO. Nixon, a democrat from De Soto, MO held the office of MO Attorney General for the past 16 years. Also sworn in during the Governor's inauguration were four other statewide officeholders, Democrat Attorney General Chris Koster, Democrat Treasurer Clint Zweifel, Democrat Secretary of State Robin Carnahan, and Republican Lt. Governor Peter Kinder. Missouri representatives can be contacted at:

<http://www.mo.gov/mo/govoffices.htm> or
<http://governor.mo.gov/contact/>

Office of Governor Jay Nixon
P.O. Box 720
Jefferson City, MO 65102
(573) 751-3222

The 44th United States President was sworn in on January 20, 2009. Barack Obama made history as the first African American President and took the oath of office across the National Mall toward the Lincoln Memorial where the sixteenth president's immortal words are inscribed. The inauguration took place just



Tina Pridgeon, MAHVRP Legislative Chair
Phelps Co. Reg. Med. Center
Rolla, MO

days before the 200th anniversary of Abraham Lincoln's birth. His inauguration theme reflected the timing: "A New Birth Of Freedom," a phrase from the Gettysburg Address. The First Family includes Barack and Michelle Obama and their two daughters, Malia Ann and Natasha.

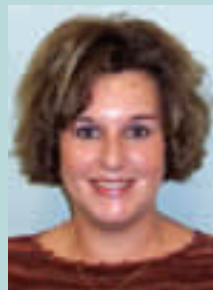
This year's elected officials have one resounding theme...change. Time will tell if the election promises and bipartisan efforts can truly make differences in the upcoming year.

Region 4 Examines the Affects of Our Economy on Healthcare Volunteerism

MAHVRP Region 4 met on Friday, February 27 at Cox Monett Hospital. Seven members were in attendance. We enjoyed a lovely lunch catered by the hospital. The main topic of conversation was the economy and how it has affected our hospitals. Janell Patton gave the members an in service/overview of Volunteer Software and how well it works at Cox Monett

Hospital. Each member took home a watering can filled with goodies for the spring season.

Janell Patton, CAVS
Region 4 Rep
Cox Monett Hosp.
Monett, MO



Progress occurs when courageous skillful leaders seize the opportunity to change things for the better.

Harry S. Truman

Greetings from Region 5...Planning a Busy Year

Hello fellow MAHVRP members!

I have scheduled four region 5 meetings for 2009. March 12, June 11, Sept. 10, and Dec. 10. All will be 2-4pm, places yet to be determined.

Some topics we will be discussing this year include "How to Encourage

An Aging Volunteer to Retire With Dignity", "Gracefully Turning Down Volunteer Applications" and "How to Recognize Volunteers on a Limited Budget".

MAHVRP Region 5 wishes you continued



Kay Steward, CAVS, MAHVRP
Region 5 Representative,
University Hospital and Clinics,
Columbia, MO,

success with all of your great hospital volunteer programs in 2009 and we look forward to our region meetings.

Check out our website:
www.madvs.org

MAHVRP

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Volunteering...
not so random acts of kindness.



Editorial: National Volunteer Recognition Week is right around the corner! What will you be doing to let your volunteers know that the time they share with your organization is a commodity that is **priceless**? In this time of excessive executive greed, failed corporations that seemed "too big to fail", failed trust and belt tightening around the country, it seems to me that our volunteers could teach Wall Street a thing or two. They arrive on time week after week; they work hard providing services that not only bring smiles to faces but also add measurable value to the bottom line of our organizations AND they do it for ZERO MONETARY COMPENSATION. Let us all take a few minutes in our busy, email-filled day to *sincerely thank* those loyal and giving folks who grace our healthcare systems with acts of love and kindness each and every day.

Lynn Graves Hardy, CAVS, MAHVRP President Elect, Newsletter Editor
Children's Mercy Hospital, Kansas City, MO

MAHVRP Scholarship Information

Due to the number of members interested in accessing the scholarship, the MAHVRP Professional Development committee is working on changes to the current application processes to enable more members to utilize the scholarship. Look for additional information posted to the website as well as email notifications in the near future.

"Never Stop Learning"...by our Professional Development Chair

Keeping abreast of the many changes and best practice models related to the field of volunteerism positively impacts the professional growth and creates a higher standard of practice for volunteer administrators. Several professional development opportunities are easily accessible to help keep you up to date.

Professional development opportunities include attending region group meetings, visiting the MAHVRP website for resources or the discussion board, and attending educational conferences.

Upcoming Conferences:

MAHVRP Spring Conference

The Chateau
Branson, MO
May 8, 2009
Website:
www.madvs.org

MVMA Conference with Steve McCurley

Volunteer Programs
in the 21st Century
University of Missouri-St. Louis
St. Louis, MO
March 27, 2009
Email: conference@mvma-stl.org

41st AHVRP Annual Leadership Conference

Distinguishing Our
Profession, Discovering
Our Spirit
Arizona Biltmore Re-
sort and Spa
Phoenix, AZ
August 27-30, 2009
Website: [http://
www.ahvrp.org/
ahvrp/conference/
index.shtml](http://www.ahvrp.org/ahvrp/conference/index.shtml)
Registration: [http://
register.rcsreg.com/
regos-1.0/](http://register.rcsreg.com/regos-1.0/)



By Kylie Latham, MAHVRP
Professional Development Chair
Siteman Cancer Center
St. Louis, MO

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